

Recipes from the Working Waterfront Festival



Lobster Salad

Contributed by Helene Quinn

Yield: 4-6 servings

Total time: 30 minutes

Ingredients

- Cooked lobster meat from three 1 1/2 lb. lobsters
- 1/2 c. olive oil
- 1/2 c. fresh squeezed lemon juice
- Seeded and chopped plum tomatoes
- Fresh corn cut off the cob
- Bunch fresh basil
- Salt to taste

Directions

Mix together, season to taste with salt and serve atop of lettuce and/or with bread for a very light and fresh rendition of this summer classic!

Helene lives with her husband Bob on Eagle Island in Penobscot Bay Maine. During the summer months she provides meals for summer guests, serving up delicious local fare without the conveniences of running water and electricity. In addition to running the mail boat, Bob sets lobster traps each season.